

THE COAST NEWS

VOL 31, NO. 31

MAKING WAVES IN YOUR NEIGHBORHOOD

AUG. 4, 2017

Local non-profit organization investigates NAD+ therapy

Seven years ago, Tom Ingoglia had an adverse reaction to a fluoroquinolone antibiotic, which threw him in a tailspin of declining health. His unrelenting chronic pain led to an accidental opiate addiction, followed hyperalgesia, digestive issues, mental fog, depression and anxiety. After listening to the advice from his doctors with little success, Tom decided to explore unconventional therapies to help regain his health.

Hanging onto a thread of hope, Tom discovered intravenous nicotinamide adenine dinucleotide (NAD+) therapy, which ultimately changed his life and career forever.

After 10 days of NAD+ therapy, Tom walked away free from pain. Since that moment, Tom has made it his mission to help bring this promising therapy to others who are looking for a health driven solution.

The Center for Research on Addiction and Brain Health, or CRABH, a 501(c)(3) nonprofit organization recently announced its launch by publishing initial collected research on the subject of chronic pain and addiction. CRABH aims to investigate new and innovative therapies for addiction and chronic conditions by focusing on brain health.

Many chronic conditions, such as chronic fatigue syndrome, neuropathic pain and chronic pain, are linked to deficits or a level of dys-



The Center for Research on Addiction and Brain Health is investigating NAD+ therapy to revitalize the mind and body of those desperately seeking a health driven solutions. *Courtesy photo*

function within the brain. Similarly, substance abuse and chemical dependencies are particularly harmful to the sensitive brain and nerve cells, which can result in the same level of dysfunction. CRABH may have found a hidden link between several chronic conditions and addiction, a B vitamin coenzyme known as NAD+. NAD+ is already inside almost every cell of the body and is known for its crucial role in energy production.

"A different approach to treating pain without causing addiction, withdrawal, or other harmful side effects is intravenous supplementation with NAD+," as

quoted in 'A New, Non-invasive Treatment Option for Chronic Pain,' one of the white papers recently published by CRABH.

"It is also associated with cell survival and cell death, making this molecule very important for cell metabolism."

Two white papers have been published with the help of volunteers, Madelyn Huttner and Samantha Raya.

The researchers stepping forward to donate their time understand the mission of this non-profit and are excited to be involved with the initial phases of research.

In only days of launch-

ing, CRABH has already collected more than twenty thought leaders to speak on the newest innovations in brain health and addiction at the Third Annual NAD Summit January 26-28th, 2018 in San Diego, California. Hosted by CRABH, this event will be a gathering for researchers, innovators and advocates, including John Gray, Ph.D., to discuss and provide insight on brain health. All contributions are welcome and donations are tax deductible.

To learn more about volunteer opportunities and about the organization itself, go to www.brainresearch.center.